

UNDERSTAND KEY CONCEPTS



Code Inspection for Healthier Homes Training Guide

**NOTE: THIS IS A SHARED FILE:
ANY AND ALL CHANGES MADE MUST
BE REFLECTED IN THE CORRESPONDING
FILE ALL COURSES**

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UNDERSTAND KEY CONCEPTS



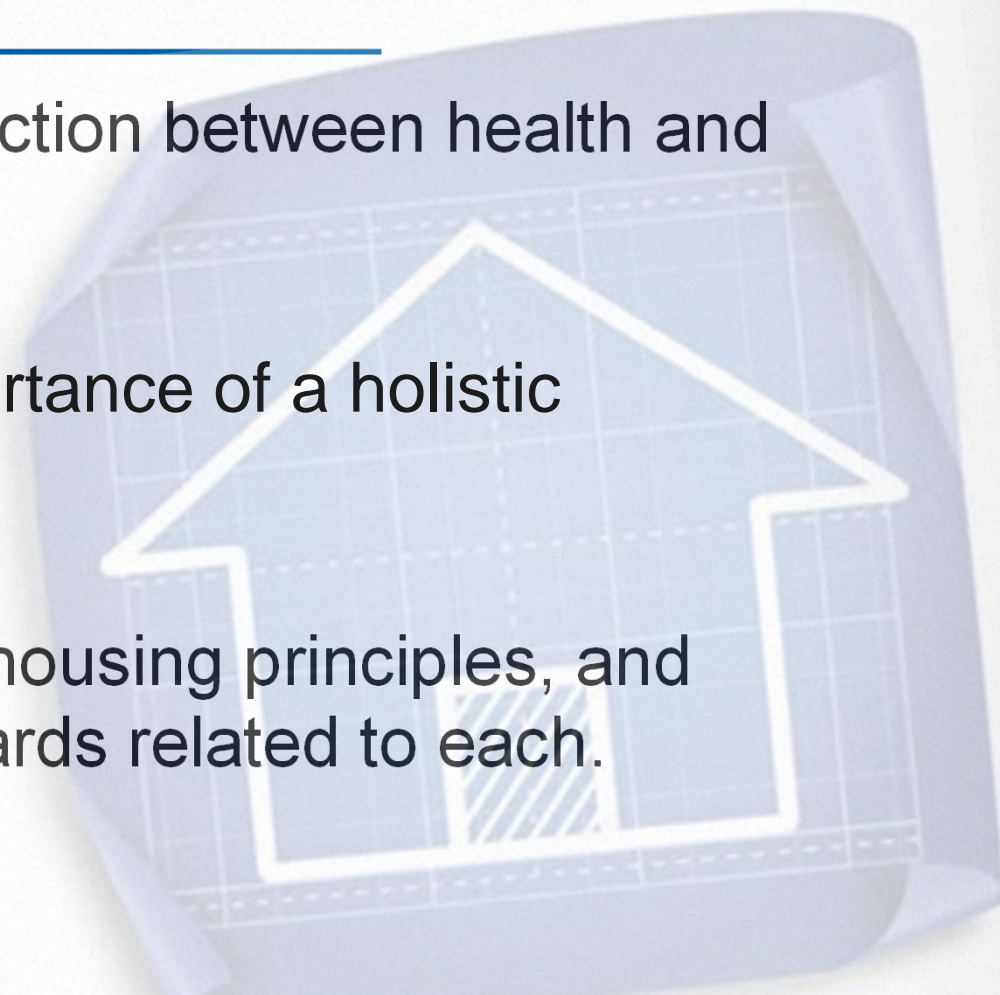
Explain the connection between health and housing.



Describe the importance of a holistic approach.



Name all healthy housing principles, and identify three hazards related to each.



EXERCISE 1: MAKING THE CONNECTION

Health Impacts	Hazards	Fixes

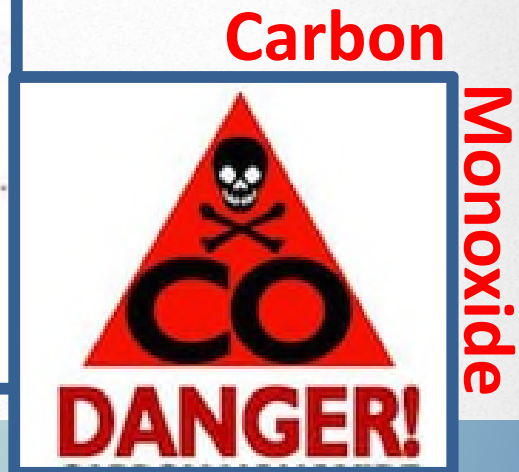


EXERCISE 1: MAKING THE CONNECTION ANSWER KEY

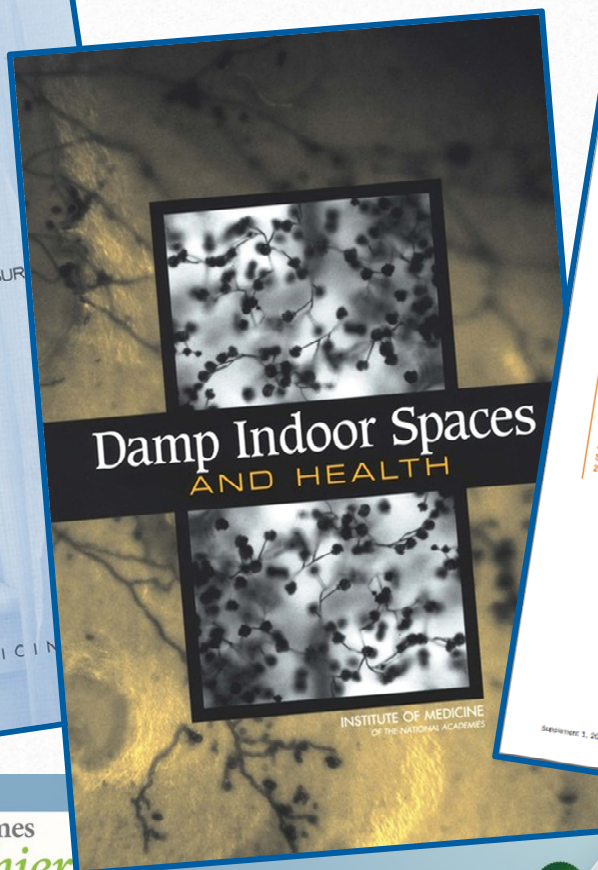
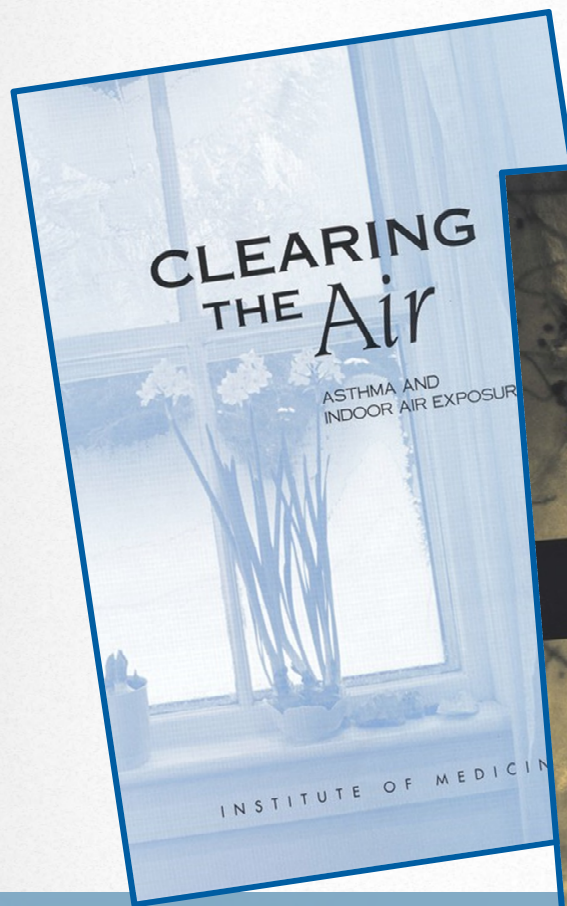
Health Impacts	Hazards	Fixes
<ul style="list-style-type: none">• Asthma• Allergies• Problems that affect the brain, like lowered IQ and behavior and learning problems• Lung cancer• Injuries• Poisoning• Death	<ul style="list-style-type: none">• Damp indoor spaces• Cockroaches• Dust mites• Mold• Pet dander• Mice• Rats• Trash• Lead dust• Paint chips• Lead in soil• Carbon monoxide• Sharp objects	<ul style="list-style-type: none">• Keep It Dry• Keep It Clean• Keep It Pest Free• Keep It Ventilated• Keep It Safe• Keep It Contaminant-Free• Keep It Maintained

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HAZARDS IN THE HOME



THE LINK BETWEEN HEALTH & HOUSING Is Well Documented



HEALTHY HOUSING Is...



Designed



Constructed



Maintained



Rehabilitated

...In a manner that is conducive to good occupant health, safety and sense of well-being.



WHY DO WE CARE?

- Housing affects health.
- Young children spend about 70% of the time in their home.
- Elderly people spend about 90% of their time indoors.



WHY START WITH PEOPLE?



HEALTH AND HOUSING AGENCIES

HEALTH

Primary Prevention
Secondary Prevention
Epidemiologic Triangle

HOUSING

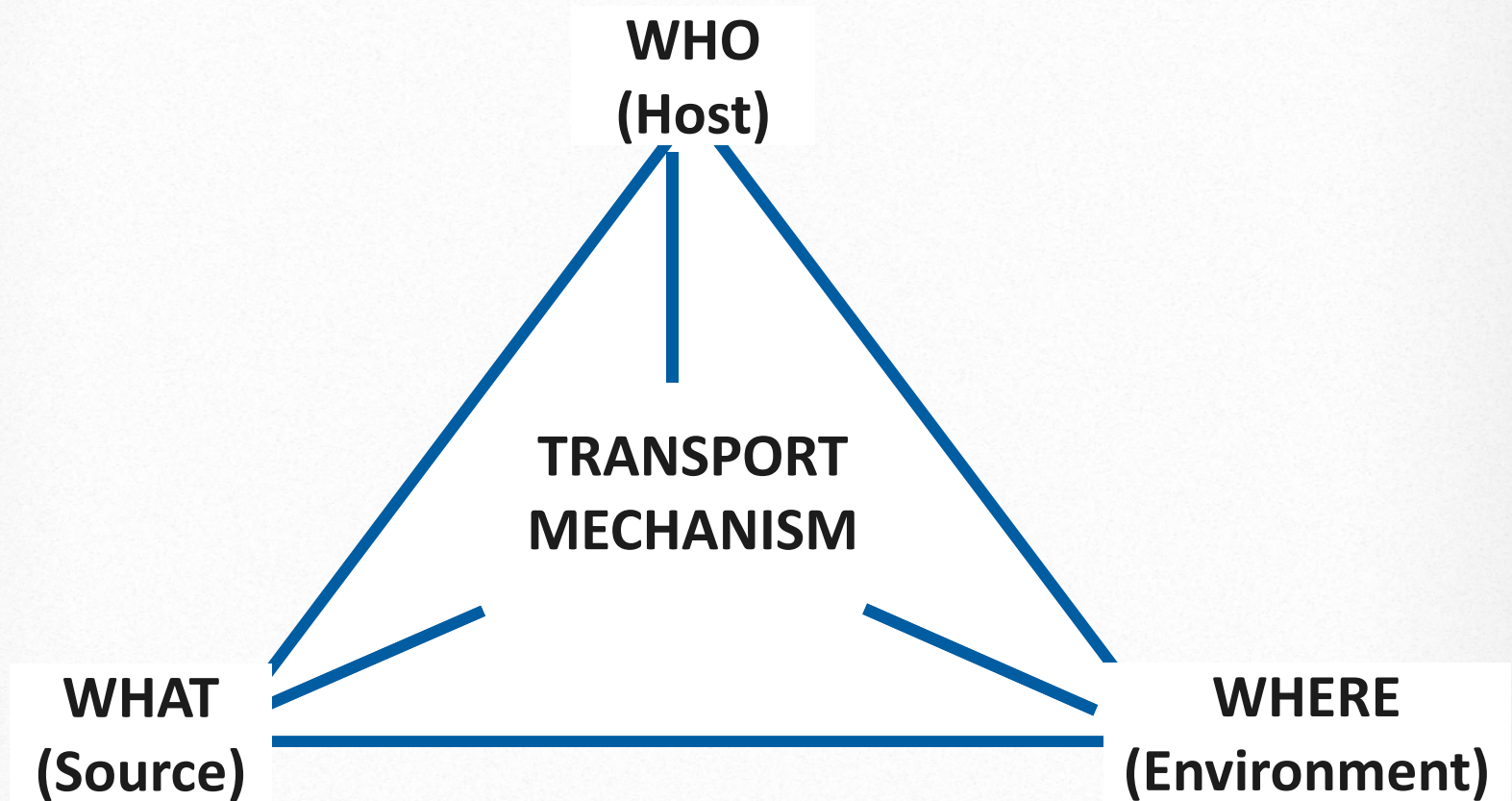
Well constructed,
Well maintained,
Comfortable,
Affordable,
Clean, Sanitary,
Safe

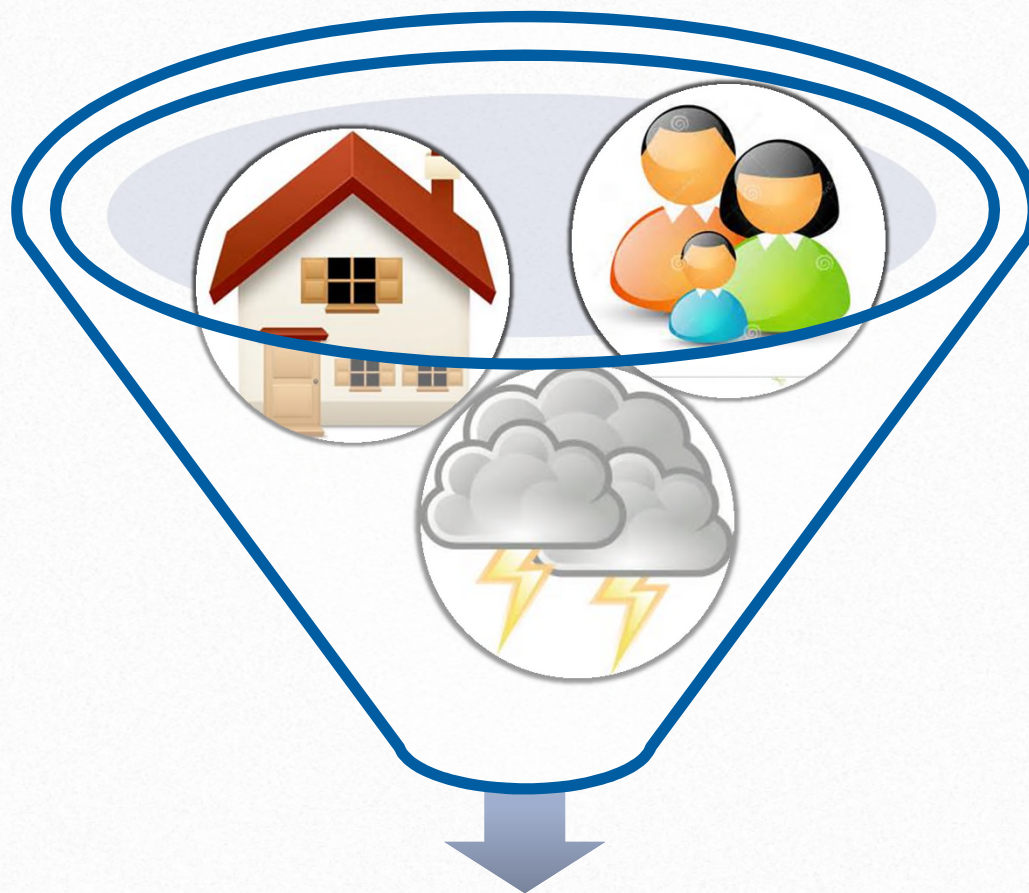
ENVIRONMENTAL HEALTH

Mold, Moisture,
Allergens/asthma,
Insects, Rodents,
Chemicals, Pesticides,
Lead, Radon, Asbestos,
Combustion products,
Unintentional Injuries



EPIDEMIOLOGIC TRIANGLE OF INJURY AND DISEASE





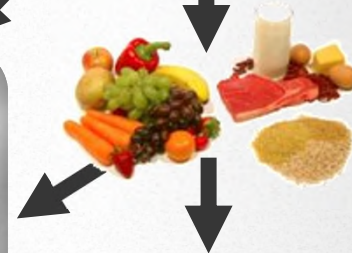
HOLISTIC APPROACH

Why a Holistic Approach?



making homes
healthier





NATIONAL HEALTHY HOMES
TRAINING CENTER™
& NETWORK

making
healthier

www.healthyhousingsolutions.com/hhtc

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BREAK



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Instructor-Led Discussion: Review

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HEALTHY HOMES PRINCIPLES:

THE KEEP-ITS

*Can you
name
three
hazards
related to
each?*



1. Keep it DRY



2. Keep it CLEAN



3. Keep it PEST-FREE



4. Keep it VENTILATED



5. Keep it SAFE



6. Keep it CONTAMINANT-FREE



7. Keep it MAINTAINED





Remain Standing if....



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Instructor-Led Discussion: Remain Standing If...

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